

“First Dance” Curtis Dance Blast Latin Team

SONG	LYRIC	LEADS (GENTLEMEN)	FOLLOWS (LADIES)	TIMING
<b>***Beginning of the routine is all acting it out (can mimic sing too)***</b>				
“I Wanna Dance with Somebody”	Music starts	Everyone enters the party. Pair up as wall-flowers along the “walls” (sides of the stage) talking with each other (show each other the pokeman you found on your phone etc)	Everyone enters the party. Going with your girlfriend(s) to the school dance in the cafeteria.	
	Oh I wanna dance with somebody	Ignoring her	Point at your lead ( from the center of the “room” (floor), facing him with your body)	
	I wanna feel the heat with somebody	Still ignoring her	Solo dance move (showing him dancing)	
	Yeah, I wanna dance with somebody	You realize she walking over to you, “oh crap, is she coming over to me...divert eyes!” You see her then go back to looking at & talking to your buddy since you can’t get your courage up	Walking to your partner pointing at him again or “roping him in” (like you’re pulling on a rope)	
	With somebody who loves me		Acting out that you’re giving up and start walking back to the center back to hang & dance with the gals	
“Shut Up & Dance”	Music changes	Throw nerd glasses to off stage (be sure it’s big so audience sees it)	Still partying with the gals	
	Well don’t you dare look back	Grab her arm and turn her around to look at you	Surprised reaction as you turn around to him	
	Just keep your eyes on me. I said you’re holding back.	Act out the words big enough for audience in back row to see		
	She said “shut up and dance with me”		Act out the words big enough for audience in back row to see	
	This woman is my destiny.	Offer your arm for her to link arms/elbows with and walk into position – try to look at her as much as possible		

	She said “oo-oo-oo, shut up and dance with me		Act out the words big enough for audience in back row to see	
	By “destiny” or at least by the end of the song, be in position facing audience with elbows still linked together			
	New music starts	Grab her hand of the arm you’re linked with and lift it up so that she can walk around you to get to Cha Cha starting position	Turn clockwise (look away from him to turn) to peel out of position and walk around your partner to Cha Cha starting position (walking & cha ch-ing)	
“Can’t Stop the Feeling”	I got this feeling Inside my bones It goes electric baby when I turn it on All through my city, all through my home	“feeling” is 1 and you need to step to the side towards audience with your left foot then following with your Cha Cha section: -open to audience/rock step, cha cha cha, rock step, cha cha cha, open & close &” (only extend elbows, not full arms for all the fast open/close moves) (right after “city”) turn towards back pointing straight to back then spin back to partner, cha cha cha, open & hold, sweep in back leg, move to rhythm in place	“feeling” is 1 and you need to step to the side towards audience with your right foot then following with your Cha Cha section: -open to audience/rock step, cha cha cha, rock step, cha cha cha, open & close &” (only extend elbows, not full arms for all the fast open/close moves) (right after “city”) turn towards back pointing straight to back then spin back to partner, cha cha cha, open & hold, sweep in back leg, move to rhythm in place	1, 2 3, Cha Cha 1, 2 3, Cha Cha 1 2-3, 4-1  2-&, 3-&, 4-&, 1  2 (swivel turn & point), 3 (spin) Cha Cha 1, 2-3-4-1 2-3 Cha Cha 1
	I got that <b>SUNSHINE</b> in my pocket, got that good song in my <b>FEET</b> I feel that hot blood in my <b>BODY</b> when it drops	“I got that” is your warning (keep moving to rhythm in place – switching knees back & forth is good) “Sunshine” open out for your spring board (left then back up onto your right) After she goes past you, you jump across “feet” open out for your 2 <sup>nd</sup> spring board Catch her (hug hold) lifting your left side	“I got that” is your warning (keep moving to rhythm in place – making your skirt move) “Sunshine” open out then spin in place (where your left foot is), walk past & around your partner with left foot then right foot Slide back open to hit “feet” Spin on your left in place Walk in front of your partner Left, Right He flips you around to land on “Body” pitched forward, up on your right toes, left foot glued to your right knee and pointing at audience	

	Ooooo	Warning to next song & movement	Warning to next song & movement	
Let's get Loud	Let's get <b>Loud</b>	Swing your right side up to let her out	Step onto left foot and rounde to face audience and land with right foot pointed to your side on "Loud"	If this section looks sloppy fast, I'll take the arm pump out
	Let's get <b>Loud</b>	Forward breast stroke with right arm and shift to right leg to look at her on your left by "loud" 2 Arm pumps for 2 bumps	Walk behind him & switch sides to look at him to your right by "loud" 2Arm pumps for 2 bumps	
	Turn the music up, let's do it	Ripple to other side (left) Ripple to other side (right) Ripple to other side (left)	Ripple to other side (right) Ripple to other side (left) Ripple to other side (right)	
	C'mon people	Lock arms in prep for slide	Lock arms in prep for slide	
	Let's get <b>Loud</b>	"let's get" Through the legs to hit "Loud"	"let's get" Through the legs to hit "Loud" pointing at the audience	
	Let's get <b>Loud</b>	Roll her into cuddle with high 5 hold	Roll into cuddle with high 5 hold	
	Turn the music up to hear that sound	Roll her out to your side (right) and let go Samba fast legs moving back	Unroll to side & let go Samba fast legs moving back	
	Let's get <b>Loud</b>	Look to back stage wall	Look to back stage wall	
	Let's get Loud aint nobody gotta tell ya what you gotta do	Get to circle	Get to circle	
Havana	He got me feelin like	Warning – about to start circle	Warning – about to start circle	
		4 partners - circle grapevine	4 partners – circle grapevine (up on your toes) Back & forward & back & forward & turn-a-round	
		Run to your line position to meet your partner there	Run to your line position to meet your partner there	
	Oh na na na	Keep a stable frame	Wiggle in place to move skirt	
Mambo Italiano	Voice starts	Warning – about to start Mambo	Wiggle in place to move skirt & get ready	
	Hey Mambo	Start your Mambo section (no full basic) – start & right to her R turn. After that, don't think about steps.	Start your Mambo section (no full basic) – start & right to her R turn. Swing open then spin and keep moving fast through the spins!	
	Techno starts	Back line spins ladies forward to sit while front line moves back	Back line gentlemen spin the ladies forward to sit while front line moves back	8 counts
		Solos (move on as couple before you is moving off)	Solos (move on as couple before you is moving off)	

Micaela	(4) "uh, ah"	Clapping and energetically moving around trying to get audience to clap with you	Clapping and energetically moving around trying to get audience to clap with you	
	(4) "uh, ah" with piano	Get into position for ending		
	Horns	Open out Spin her in to spring to lift	Open out Spin in to spring to lift	
	Horns squeal	Up in the lift	Up in the lift	
	After squeal to Song ending	Spin & dip with you facing front Left arm on her back & right out Or both arms out if confident	Spin & dip with hands around his waste (audience is to your side & look at them) Yell out a "ya!"	
Wait til lights go dark then line up holding hands, 2 steps forward, arms swing up then swing them down for shallow bow				

If you ever arrive anywhere early, move to the rhythm in place until your next part starts

Rhythm: "Cha Cha" = 4 &

If you don't see timing, that means go with the words.

### **THINGS TO REMEMBER**

- The beginning of the routine is choreographed...it has a framework of when you go where paired with your acting-the-song-out skills. It's on video and written form. Love what you've done with it so far!
- Your first step to the side before the Cha Cha opening out to audience.
- Mambo section: 1) Take out the basic and go straight to the basic with underarm turn. 2) After the underarm turn and ladies swinging open, everyone forget about your feet and book it through the moves (no time for the full "open/close" stuff....it flows perfectly fine without it). Back row: finish with your closed hold arm as well as holding hands (gentlemen left hand, ladies right hand) so that you can immediately start spinning her forward to the sit.
- "Wiggle": keep those skirts moving and bodies moving to the rhythm between things. There is time built in throughout the routine just in case you need extra time to get to positions....when you do make it in time, it's time to keep the rhythm & energy of the dance going by keeping those skirts moving!
- When dancing to the music, it's not time to think about each & every step....it's time to hit the beginning of a move and aim for the end of a move ("stick" the end position) ...and the in between stuff will happen without you thinking about it. You all got this and it is choreographed to flow fine even if you had less time to practice it. If you don't feel like you have it, you are probably stuck in the thinking too much category. Never the less, practice :-)
- "Life lessons": Try not to over-think - it gets in the way of accomplishing things and there's no way your brain can transfer the info fast enough through your body so practice is key. How you feel you're doing in the moment is never accurate so keep your focus on making the audience feel the party!